

Gauteng Classic Powerlifting Championships 2024 – Updated Schedule

Date	Session	Weigh-in time	Lifting time	Session details	Number of lifters	Referees
Thu 15 Feb	1	06h00-07h30	08h00	Women 43kg,47kg,52kg,57kg	18 (1 + 6 + 11)	
	2	10h00-11h30	12h00	Men 53kg, 59kg, 66kg and All Youth	15 (6 + 7 + 2)	
	3	14h00 - 15h30	16h00	Men 74kg	17	
Fri 16 Feb	1	06h00-07h30	08h00	Men 83kg	24	
	2	10h00-11h30	12h00	Women 63kg	14	
	3	14h00-15h30	16h00	Women 69kg and 76kg	14	
Sat 17 Feb	1	06h00-07h30	08h00	Men 93kg	21	
	2	11h00-12h30	13h00	Men 105kg	17	
Sun 18 Feb	1	07h00-08h30	09h00	Men 120kg, 120+kg	20 (12 + 8)	
	2	11h00-12h30	13h00	Exhibition lifters + Women 84kg, 84+kg	26 (2 + 8 + 16)	

Provincial ref exams:

Anthina Brewer
 Nishalin Govender
 Ronit Garber
 Darryn Anthony
 Olivia Perotti